

Spring cleaning checklist



OR

KITCHEN	DATE DONE	DATE OF PROFESSIONAL CLEAN
Clean hob and cooker hood		
Clean inside the oven		
Clean and organise cupboards		
Clean and organise fridge and freezer		
Dispose of expired food		
Disinfect and wipe surfaces and sink		
Clean microwave and kettle		
Wash dishcloths, sponges and tea towels		
Mop floors		
Clean and disinfect bins		

BATHROOM		
Discard of expired personal care products		
Take old medications to the pharmacy		
Wipe mirror		
Clean bath and shower		
Remove mould from seals and grout		
Wash shower curtain or remove water marks from screen		
Clean toilet		

Spring cleaning checklist



Clean and shine taps and plug holes		
Mop floors		
Wipe walls and skirting boards		

LIVING ROOM		
Dust furniture		
Vacuum sofas and chairs		
Wash cushions, blankets and throws		
Clean and vacuum curtains		
Declutter cupboards and drawers		
Dust and clean lampshades		
Dust electronics and tidy cables		
Dust and clean decor and ornaments		
Sanitise remote controls		
Mop or vacuum floors		
Shampoo rugs and carpets		

HALLWAYS		
Sweep, mop or vacuum floors		
Clean doors		

Spring cleaning checklist



Clean doormats		
Clean toilet		
Organise coats and shoes		
Organise post and throw away junk mail		
Put away clutter		
Check mats and rug corners are secure		

BEDROOMS		
Declutter and organise wardrobes and drawers		
Vacuum, clean, and air out mattresses		
Wash duvets, pillows, blankets and throws		
Clean and vacuum curtains		
Dust furniture		
Dust and clean lampshades		
Dust electronics and tidy cables		
Dust and clean decor and ornaments		
Shampoo rugs and carpets		

THROUGHOUT THE HOME		
Clean and disinfect light switches and doorknobs		

